香港浸會大學 HONG KONG BAPTIST UNIVERSITY
香港浸會大學持續教育學院 SCHOOL OF CONTINUING EDUCATION HONG KONG BAPTIST UNIVERSITY
COLLEGE OF 國際學院 INTERNATIONAL EDUCATION

EMPATHY • CONNECTION • CARE

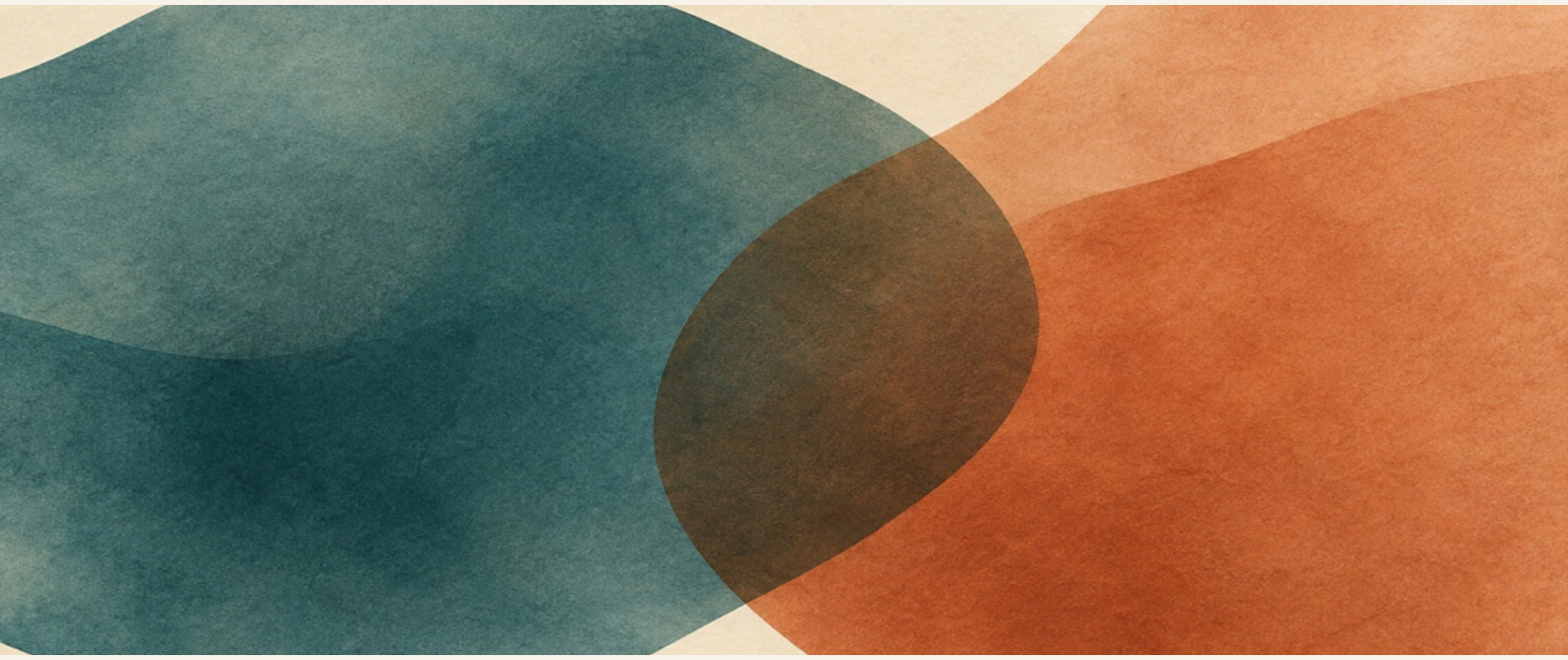
2 DAY TRAINING

同理導向情緒支援訓練

Empathy-Informed Emotional Support Training

為練習真誠陪伴別人而設的情緒科學課程
由理解自己，到用心聆聽他人

WPDP x 2



透過練習探索自身反應，學習主動聆聽、
回應感受與需要，並以關懷及界線支持他人

報名
https://bit.ly/4jaVhdT

授課語言：廣東話 Cantonese
100% 出席並完成訓練者，可獲頒發訓練課程證書

DAY 1

15 DEC · TUE
10:30 AM – 4:00 PM

@ 502B, 5/F, Shek Mun Campus

DAY 2

22 DEC · TUE
2:30 PM – 5:30 PM

@ 502B, 5/F, Shek Mun Campus

自我覺察 / 主動聆聽 / 同理回應

LEARN · PRACTISE · CONNECT

Student Development Centre Student Development Centre Student Development Centre

WPDP x 2

Throughout the academic year, join 5 to earn the WPD Award.
Complete 8 to shine as a WPD Star.